



*We heal and inspire the human spirit.*

**To:** IEHP Direct PCP Providers  
**From:** IEHP - Quality Improvement  
**Date:** November 2, 2023  
**Subject:** **IEHP Partnership with Vendor for In-Home Osteoporosis Bone Mineral Density Testing for IEHP Direct Members (*Women ages 67-85*)**

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Dear IEHP Provider,

IEHP identifies osteoporosis as a serious disease that impacts the quality of life of older adults. Osteoporotic fractures, particularly hip fractures, are associated with limitation of ambulation, chronic pain and disability, loss of independence, and decreased quality of life. In addition, 21% to 30% of patients who experience a hip fracture die within 1 year. Seventy-one percent of osteoporotic fractures occur among women. Source: *U.S. Preventive Services Task Force, 2018*

**To assist in providing quality care to Members who have recently had a fracture, IEHP has partnered with Transtreme, an in-home healthcare service company, to schedule and administer in-home bone mineral density screenings. Qualifying Members include IEHP Direct women, aged 67-85, who have had a fracture within the past six (6) months (*excluding fractures of finger, toe, face and skull*).**

**Following the service, screening results will be sent to your office for review and follow-up care.**

We look forward to this partnership and supporting our Providers with the resources needed to continue delivering quality care to our Members.

If you have any questions, please contact the IEHP Provider Relations Team at (909) 890-2054.

To your Health,

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Genia Fick, Vice President, Quality

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Dan Gomez, Vice President, Provider Experience