

We heal and inspire the human spirit.

To: All PCPs, Specialists, BH & IPAs

From: IEHP – Health Education, Prevention & Promotion

Date: September 27, 2024

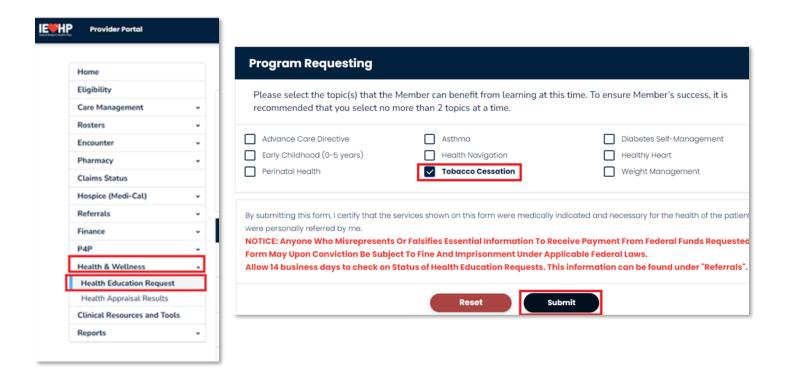
Subject: New Tobacco Cessation Course & Support Available for Members

Our Health Education, Promotion & Prevention team has developed a new group course, "Quitting Tobacco – Where to Start?" for Members wanting to quit tobacco use. This class is designed to empower Members by creating a quit plan and learning how IEHP can support them on their journey to cessation.

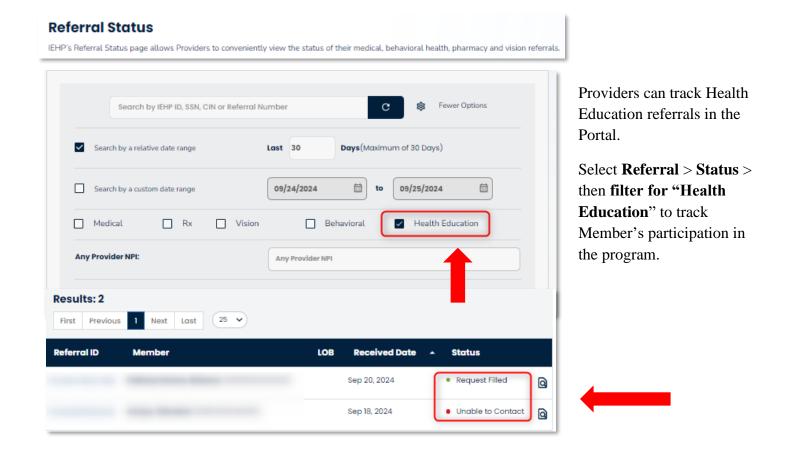
For those seeking more personalized support, 1:1 Tobacco Cessation Coaching is also available.

Providers can refer Members to the **Tobacco Cessation** program via the Portal by accessing Health & Wellness > Health Education Request > Tobacco Cessation.

Additionally, Members can self-refer to this program and any of the Health Education programs under the Health and Wellness section of the Member Portal or by calling Member Services.



Once a referral is submitted, our Health Education, Promotion & Prevention team will contact the Member to discuss available classes and resources tailored to their goals and preferences.



As a reminder, all Health Education classes, as well as and Cessation Medications, remain a covered benefit for IEHP Members. When discussing quitting options, make sure to talk about cessation medications and ensure that prescription orders are placed **before** the Member leaves your office.

Additionally, a referral for Low-Dose Computed Tomography (LDCT) Screening is recommended annually for Members who:

- Are aged between 50 and 80
- Are asymptomatic (no signs of lung cancer), but high risk
- Have a smoking history of 20 cigarette packs per year or more
- Are current smokers or have quit within the past 15 years

For an updated list of available drug products, visit the IEHP Formulary at: ProviderServices.iehp.org > Pharmacy > Formulary

If you have any questions, please contact the IEHP Provider Call Center at (909) 890-2054, (866) 223-4347 or email <u>ProviderServices@iehp.org</u>

All IEHP communications can be found at: www.providerservices.iehp.org > News and Updates > Notices