



We heal and inspire the human spirit.

To: All PCPs, Specialists, UCs, and IPAs
From: IEHP – Provider Relations
Date: January 3, 2025
Subject: **Appropriate use of Antibiotics in Common Respiratory Infections**

With cold and flu season upon us, we appreciate your efforts in safeguarding our Members and community by promoting healthy practices and providing appropriate care.

Our trusted healthcare organizations all agree...

"Avoid prescribing antibiotics for uncomplicated acute bronchitis."

- *American Academy of Family Physicians*

"Avoid prescribing antibiotics for upper respiratory infections."

- *Infectious Disease Society of America*

"Bacteria can sometimes cause acute bronchitis, but even in these cases antibiotics are NOT recommended and will not help you get better."

- *Center for Disease Control and Prevention*

"Confirm a negative rapid antigen detection test with a throat culture for symptomatic children aged 3 years or older."

- *Center for Disease Control and Prevention*

You can find CDC resources on antibiotic stewardships at:

<https://www.cdc.gov/antibiotic-use/hcp/educational-resources/stewardship/index.html>



An antibiotic brochure for members is available by scanning the QR code with a mobile device or by visiting our website at IEHP.org > Learning Center > Staying Healthy > Kids and Teens > [Antibiotics: Know when to use them](#)

If you have any questions or to request materials for your practice, please contact the IEHP Provider Call Center at (909)890-2054, (866) 223-4347 or email ProviderServices@iehp.org

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